WHAT IS CLAIMED IS:

- 1. A light emitting element comprising at least one organic layer which includes a light emitting layer, and which is disposed between a pair of electrodes, wherein at least one layer of the at least one organic layer contains at least one compound consisting essentially of carbon, fluorine and nitrogen.
- 2. The light emitting element of claim 1, wherein the compound contains hydrogen atoms in an amount not greater than two hydrogen atoms per six carbon atoms.
- 3. The light emitting element of claim 1, wherein the compound consisting essentially of carbon, fluorine and nitrogen is a compound represented by the following general formula (A):

General formula (A)

$$X - (R)n$$

wherein in general formula (A), X represents an aromatic ring group or a hetero cyclic ring group, which have atoms selected from the group consisting of carbon, fluorine and nitrogen; R represents a group consisting of carbon and fluorine, or a group consisting of carbon, fluorine and nitrogen; n represents an integer of 1 or more; and when X contains no nitrogen, at least one R contains at least one nitrogen.

4. The light emitting element of claim 3, wherein X further represents a single ring or a condensed ring.

5. The light emitting element of claim 1, wherein the compound consisting essentially of carbon, fluorine and nitrogen is a compound represented by the following general formula (I):

General formula (I)

wherein in general formula (I), each of Ar¹, Ar² and Ar³ represents an aryl group consisting of carbon and fluorine.

- 6. The light emitting element of claim 5, wherein each of Ar¹, Ar² and Ar³ in the general formula (I) is selected from the group consisting of a perfluorophenyl group, a perfluorobiphenyl group, a perfluoroanthracenyl group, a perfluorophenanthryl group, a perfluoropyrenyl group, a perfluoronaphthacenyl group and a perfluoroperylenyl group.
- 7. The light emitting element of claim 1, wherein the compound has a glass transition temperature in a range of 130°C to 400°C.
- 8. The light emitting element of claim 1, wherein light emission from an excited triplet state is utilized.

- 9. The light emitting element of claim 8, wherein when light emission from an excited triplet state is utilized, the compound has a minimum excitation triplet energy level of 65 kcal/mol (272.35 kJ/mol) to 95 kcal/mol (398.05 kJ/mol).
- 10. The light emitting element of claim 1, wherein the compound is used as an electron transporting material.
- 11. The light emitting element of claim 10, wherein the compound, which is used as an electron transporting material, is contained in an amount of 60 to 100% by mass in an organic layer containing the electron transporting material.
- 12. The light emitting element of claim 1, wherein the compound is used as a host material in a layer containing a light emitting material.
- 13. The light emitting element of claim 12, wherein the compound, which is used as a host material, is contained in an amount of 50 to 99.9% by mass in an organic layer containing the host material.
- 14. The light emitting element of claim 1, wherein the at least one organic layer contains a phosphorescent material.
- 15. The light emitting element of claim 14, wherein the phosphorescent material is a transition metal complex.

- 16. The light emitting element of claim 15, wherein the transition metal complex is selected from the group consisting of an iridium complex, a platinum complex, a rhenium complex and a ruthenium complex.
- 17. The light emitting element of claim 16, wherein the transition metal complex is an iridium complex.
- 18. The light emitting element of claim 1, wherein the at least one organic layer is formed by a resistance heating vapor deposition method, a coating method or a transferring method.
- 19. The light emitting element of claim 1, wherein the light emitting layer is formed by a coating method.